

A series of
resources designed
specially for...



GOD MADE ME



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Toddlers: God made me

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'All for the glory of God alone' (1 Corinthians 10:31)

GOD MADE ME

Overview



Thank you for using a Faith in Kids resource. We want to hear your feedback so we can keep improving our resources. Please use the QR code above to fill out a short form or email us at info@faithinkids.org

'God made me' is a toddler teaching series that helps young children to see that God made them in an amazing and wonderful way (Psalm 119:14).

In this series we look at Bible stories relating to different parts of the body to see that God made each part uniquely and that each part has a specific role to play in the body as a whole.

There are **6 sessions** in the series:



GOD MADE MY HANDS

Matthew 12:9-14



GOD MADE MY MOUTH

Mark 6:30-44



GOD MADE MY FEET

Matthew 14:22-33



GOD MADE MY EYES

Mark 10:46-52



GOD MADE MY EARS

Mark 7:31-37



I AM AMAZINGLY AND WONDERFULLY MADE

Psalm 139:14

Each session is split into **4 sections**:



Story Time

A chance to open God's word simply and apply the teaching to the toddlers' lives in a creative and engaging way.



Activity

A suggested hands-on activity to help toddlers explore the theme of the session in a fun and game based way.



Songs

A time to sing and dance, including a suggested series song to play each week and suggested nursery rhymes relating to the theme of the session.



Craft

A time to get messy and creative! We have provided instructions and templates where necessary.



SESSION 1

GOD MADE MY HANDS

Matthew 12:9-14



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Story Time

Jesus heals a man with a withered hand Matthew 12:9-14

You will need: A bag with different things you need to use your hands with eg. turn the page of a book, play the recorder, use a spoon and fork, toy car, tooth brush; volunteer with a bandaged hand.

What to Say	What to Do
Today we are thinking about our hands. Can you show me your hands? And wiggle your fingers? Do you know who made our amazing hands? God did!	
God gave us hands because they are very useful. Let's look in my bag and see what our hands can help us to do. Book: We need our hands to turn the pages of a book. Cutlery: We need our hands to use a spoon to eat our food. ...	Invite children to take an item from the bag. Explain according to the items drawn out.
If we didn't have hands we would find it hard to do those things. Have you ever tried to brush your teeth holding the toothbrush with your foot?	You could invite a child to try to do this.
In our Bible story today we meet a man who had a poorly hand. He couldn't use his hand to eat food, or hold his toothbrush, or wave hello.	Have a volunteer with a bandaged hand. Volunteer shakes head to things they can't do.
One day, the man with the poorly hand met Jesus. Jesus knew that the man was sad that he couldn't use his hand properly.	Volunteer looks sad and shows their bandaged hand.

continued →



What to Say	What to Do
Jesus loves people a lot, so he wanted to help the man with the poorly hand.	Hands across chest giving yourself a hug to show love.
Jesus said to him, "Stretch out your hand".	Volunteer stretches out their bandaged hand.
As the man stretched out his hand it became completely better. All of his fingers could wiggle around. He could make a fist and make his hand flat. He was so happy.	Volunteer looks amazed, performs actions described, removes bandage.
Wow. Jesus had made the man's hand better.	
Now the man could turn the pages of a book, brush his hair with a hair brush, use a spoon to eat his breakfast....	Give the volunteer the items used earlier to show they can now use them.
We are going to pray and say thank you to God for our hands. Do say Amen at the end with me if you'd like to.	
Dear God , thank you for our hands. Thank you that we can use our hands in so many ways. Amen.	



Activity

Threading penne pasta onto string to make a necklace

You will need: Penne pasta (you could even use tricolor penne pasta to add colour), string, sellotape, scissors.

What to do: Have the pasta in a bowl. Wrap sellotape around one end of the string to create a needle to make threading easier and tie a piece of penne to the other end to create a stop. Children thread pasta onto the string. Once the necklace is complete, attach the ends of the string together.





Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music

- Head, shoulders, knees and toes
- Tommy thumb
- Open them, shut them, open them, shut them,
give a little clap, clap, clap



Craft

Hand/finger printing

You will need: Hand print pads or washable poster paint on a plate, paper, wet wipes.

What to do: Place hands/fingers in the paint and create hand/finger pictures. Use wipes to get off the majority of the paint before washing hands thoroughly.

As an extension, buy some cheap wooden frames and write, "God made my hands" on one side. Decorate the other sides of the frame and place the print inside.





SESSION 2

GOD MADE MY MOUTH

Mark 6:30–44



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Story Time

Jesus feeds 5000 Mark 6:30–44

You will need: Picnic blanket, picnic items (eg. sandwich, carrot sticks, crisps, fruit)

What to Say	What to Do
Today we are thinking about our mouths. Can you open your mouth really wide? Do you know who made our mouths? God made our mouths!	
We use our mouths for lots of things. We use our mouths to speak and to eat food.	Point to your mouth.
Our Bible story today is all about a picnic. I love picnics! On a picnic I like to eat sandwiches, carrot sticks, crisps and fruit. What do you like to eat on a picnic?	Spread out a picnic blanket. Hold up foods as you say them. Take answers. Have some adults ready to answer in case the children don't.
In today's Bible story, the people didn't know they were going to have a picnic so they hadn't brought any food! Let's hear what happened.	
One day, lots of people were listening to Jesus talk. They loved listening to Jesus so much that they didn't realise the time. It was past tea time!	
Everyone's tummies started to rumble because they were so hungry. Has your tummy ever made rumbling noises when you were hungry?	Rub tummy to show you are hungry.
Everyone was hungry, but there was a problem... nobody had any food, they hadn't brought their picnics!	

continued →



What to Say	What to Do
<p>The only food was five loaves of bread and two fish. But there were lots and lots of people, more people than there are in this room. Do you think five loaves of bread and two fish would have fed everyone?</p> <p>Of course not. But Jesus had a plan.</p>	<p>Hold up 5 little bread rolls and 2 tins of fish.</p>
<p>Jesus said thank you to God for the food. He told everyone to sit down and then asked his friends to give some food to everyone. They all ate their bread and fish.</p>	<p>Start sharing out the bread rolls to all the kids. <i>(Make sure you know any allergies and check with parents/carers first.)</i></p>
<p>We've used our mouths to eat all the bread, are you feeling full? No!</p>	<p>Show an empty bowl with no bread in it.</p>
<p>But the people at the big picnic with Jesus were so full they couldn't eat all the bread and fish. There was even some left over. Jesus had done something amazing. He fed everyone with a very small amount of food.</p>	
<p>God gives us mouths so that we can eat and enjoy the lovely food he has given us. And we can use our mouths to talk to each other and talk to God.</p>	
<p>We are going to pray and say thank you to God for our mouths. If you want to, please do join me by saying Amen at the end.</p>	
<p>Dear God, thank you for making our mouths so that we can speak and enjoy eating yummy food. Amen.</p>	



Activity

Make a sandwich

You will need: Sliced bread, cream cheese, jam, butter spread, plates, blunt knives, napkins.

What to do: Each toddler has a piece of bread and makes a sandwich with the filling of their choice. *Make sure you have checked for allergies in advance.*



Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music

- Head, shoulders, knees and toes
- Old McDonald - Animals make sounds through their mouths
- [God made me - Emu music](#)



Craft

Head puppet on a lolly stick

You will need: Two circles of coloured card, eye stickers/googly eyes, red tongue cut out of card, lolly stick, glue, stickers to decorate, pens.

What to do: In advance, fold one circle in half and stick it to the 2nd circle to create the face shape with a mouth that opens. Inside the mouth on the top flap write "God made my mouth". Add the lollipop stick to the back to create the puppet. During the session, children can add different facial features (eyes, nose, tongue and woolly hair if they'd like to) and decorate with the pens.





SESSION 3

GOD MADE MY FEET

Matthew 14:22–33



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Story Time

Jesus walks on water Matthew 14:22–33

You will need: Bowl of water, blue towel/rug, cardboard box, teddies, volunteer to be Jesus.

What to Say	What to Do
<p>Today we are thinking about our feet. Can you show me your feet? Who made our feet? God did! We use our feet to stand up, to walk, and for lots of other things too.</p> <p>We're going to play a quick game using our feet. Can you copy me?</p> <p>Well done, we can do lots of brilliant things using our feet!</p>	<p>Do different activities that use feet, eg, jump, walk, hop, skip, run on the spot.</p>
<p>But there is something I can't do with my feet. I can't walk on water.</p> <p>X, do you want to try to walk on the water?</p> <p>X couldn't walk on the water either. Nobody here could use their feet to walk on water.</p>	<p>Have a bowl of water and try to walk on it. Invite a child to try (<i>prepared with bare feet</i>).</p>
<p>In our Bible story today we will hear about someone who can walk on water, on the top of the water, without sinking. Listen out for who it is.</p>	
<p>One day Jesus' friends were in a boat rowing across a lake. It was a windy day, and rowing the boat was hard work!</p> <p>Jesus had stayed on the side of the lake, but later he decided to go to his friends.</p>	<p>Use a blue towel or rug on the floor as the lake. Use a box as the boat with teddies inside as Jesus' friends.</p>

continued →



What to Say	What to Do
But Jesus didn't have a boat! How could he get to his friends in the middle of the lake? Did he get in a boat? No! Jesus just walked out to them on the top of the water!	Volunteer to act as Jesus... ...and walk out onto the blue towel.
Hang on, how did Jesus walk on the top of the water? We tried that, but it didn't work! When Jesus' friends saw someone walking on the lake, they were really scared. They knew people can't do that. Can you show me your scared face? Jesus called out, "Don't be afraid, it is me, Jesus."	Ask "Jesus" volunteer to say these words.
When Jesus got to the boat, he climbed in. Everyone felt safe because Jesus was with them.	
Can you remember the question I asked before we heard the story, who can walk on water and not sink?	Take answers from the children.
Jesus could use his feet to walk on water, but we can't. We can do lots of amazing things with our feet, like running and jumping. But Jesus could do even more amazing things with his feet because he was God's son.	
We are now going to pray and thank God for our feet. If you want to, please do say Amen at the end with me.	
Dear God , thank you for making our feet so that we can run and jump and hop and walk. Amen.	



Activity

Float or sink?

You will need: Big tub of water, towels for mopping up spills, items to put into the water some that float, some that sink eg. toy boat, apple, metal toy car, stones,...

What to do: Children place the items into the water to see if they float or sink.

Today Jesus used his feet to walk on the water, but we can't. We would sink just like the X, Y, Z did.



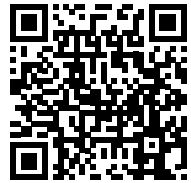
Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music

- Head, shoulders, knees and toes
- [God made me - Emu music](#)
- Sleeping bunnies



Craft

Make some flip flops

You will need: Card board eg. cereal packets, ribbon, scissors, pens/stickers to decorate.

What to do: Before the session, cut out flip flop shapes from the cardboard around 15cm long and 8cm wide and make 3 holes in them so that the ribbon can be threaded through. During the session children decorate the flip flops and then thread the ribbon through the holes to create the flip flops. You could even add a sticker saying "God made my feet!".





SESSION 4

GOD MADE MY EYES

Mark 10:46-52



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Story Time



Jesus heals Bartimaeus Mark 10:46-52

You will need: Cardboard sheet (side of a box), items to reveal eg. toy car, book, cuddly toy, spoon, shoe.

 What to Say	 What to Do
Today we're thinking about our eyes. Can you point to your eyes?	Point to your eyes.
Do you know who made your eyes? God did!	
Our eyes help us to see.	
We are going to play a little game together. I have got some things hidden behind this piece of cardboard. I am going to slowly show them to you. When you know what the thing is, shout out its name.	Slowly reveal items from behind the cardboard sheet. Have 2 volunteers hold up the sheet.
We used our eyes to help us guess what was hiding behind the cardboard.	
In our Bible story today we meet a man named Bartimaeus. Bartimaeus was blind, that means that he couldn't see anything. He wouldn't have been able to play the game we just played.	Hold up cardboard and one of the items revealed.
If you close your eyes really tight and can only see black, that is what it is like if you are blind.	
Can everyone close their eyes really tight? Now open them so you can see the story being told.	

continued →



What to Say	What to Do
<p>Either play this song  with a volunteer acting as Bartimaeus and one as Jesus. They should mouth or sing the words that are relevant to them.</p> <p>At the beginning of our story today, Bartimaeus was blind. But Bartimaeus met Jesus. Jesus knew that Bartimaeus couldn't see, and showed kindness by making his eyes work again. At the end of the story Bartimaeus could see again!</p>	 <p>Place hands over eyes.</p>
<p>Or tell the story without the song</p> <p>One day Jesus was walking along the road with his friends when a man, called Bartimaeus, shouted out to him.</p> <p>'Jesus, Son of David, please be kind to me'.</p> <p>Jesus replied 'What do you want me to do?'</p> <p>Bartimaeus said, 'Please help me to see again.'</p> <p>Jesus said, 'Go, your faith has healed you.' Immediately Bartimaeus could see again!</p>	<p>Have a volunteer pretending to be Bartimaeus say the Bartimaeus words. Bartimaeus has his eyes closed at the start and open when Jesus says 'your faith has healed you'.</p>
<p>Wow, Bartimaeus would now be able to play the game with us that we played at the beginning of our story time.</p>	<p>Hold up the cardboard and the same items revealed as before.</p>
<p>God made our eyes so that we can see. We are going to pray now and thank God for our eyes. If you want to, please do say Amen at the end with me.</p>	
<p>Dear God, thank you for making our eyes so that we can see. Amen.</p>	



Activity

Play a game of I spy with my little eye but using colours

You will need: Different coloured objects around the room, can be your usual toys.

What to do: Say 'I spy with my little eye something coloured red'. Children look for red items. Then change the colour. You can use colours more than once.



Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music

- Head, shoulders, knees and toes
- Three blind mice

• [Blind Bartimaeus - J is for Jesus - Emu music](#)



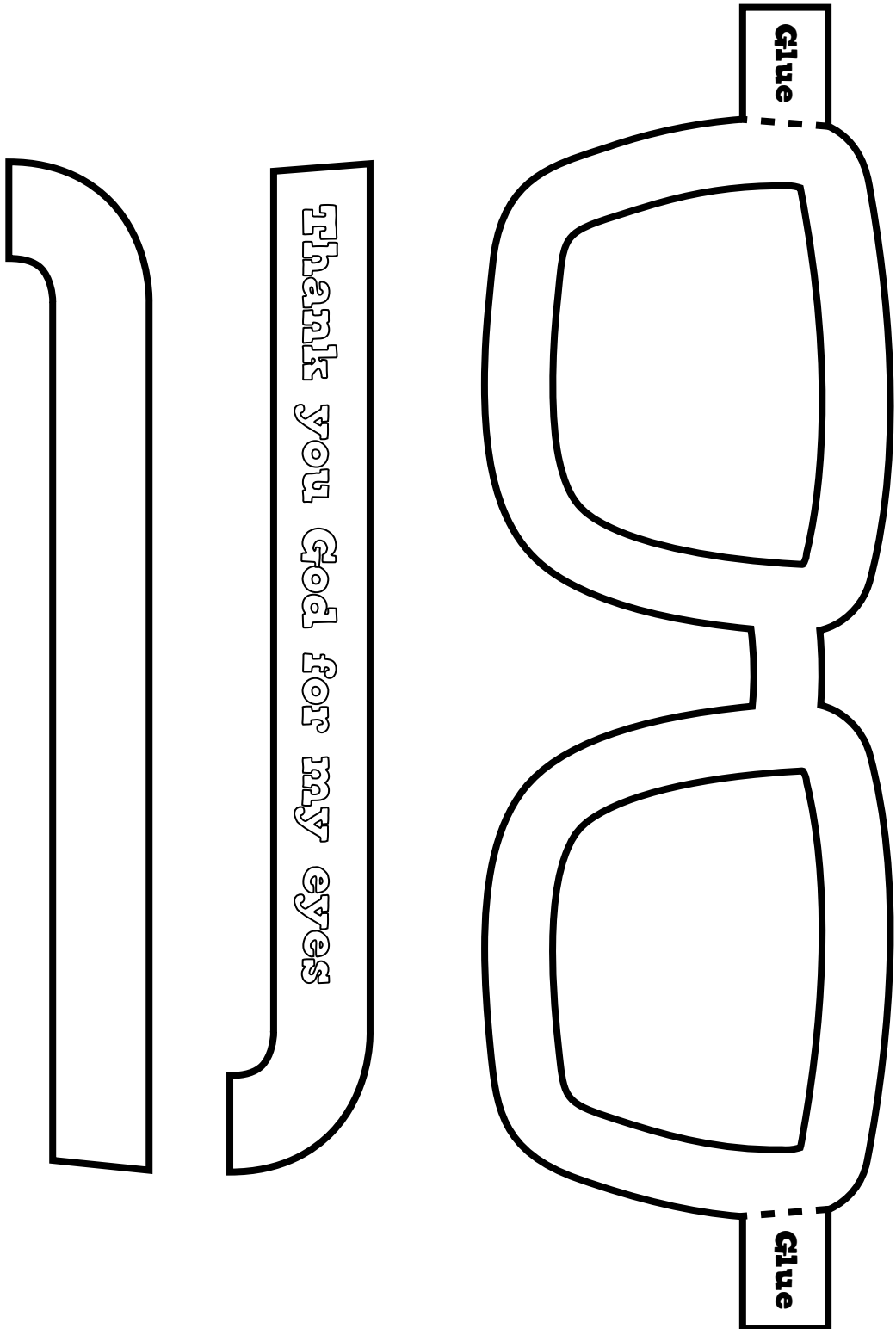
Craft

Decorate some glasses

You will need: Page 16 printed on to card or purchase some "decorate your own glasses" (eg. from [bakerross](#)), pens, stickers.

What to do: Children decorate glasses with pens/stickers.







SESSION 5

GOD MADE MY EARS

Mark 7:31–37



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Story Time

Jesus heals a deaf man Mark 7:31–37

You will need: Different toy animals or pictures of animals, two volunteers (one to play Jesus and the other the deaf man).

What to Say	What to Do
Today we're thinking about our ears. Can you point to your ears? Do you know who made your ears? God did! Our ears help us to hear.	Point to your ears.
We are going to play a little game using our ears. Can you guess which animal is here by listening carefully to the noise it makes?	
What animal makes this sound, oink oink oink? That's right, it is a pig. What animal makes this sound, woof woof woof? That's right, it is a dog. What animal makes this sound, moo moo moo? That's right, it is a cow. <i>Continue the game with other animals.</i>	Show a toy pig. Show a toy dog. Show a toy cow.
In our game we needed to use our ears to listen to decide what animal was making the noise.	

continued →



What to Say	What to Do
<p>In our Bible story today we meet a man who couldn't hear anything, he was deaf. He would have felt sad that he couldn't hear animals, people talking, or any other sounds.</p> <p>Shall we try an animal noise and see if he can hear?</p> <p><i>Do an example or two and the volunteer can just stay looking straight ahead.</i></p> <p>He couldn't have joined in with the game we were playing.</p>	<p>Volunteer to come to the front with hands over their ears.</p>
<p>One day, a man who was deaf was brought to Jesus. People knew that Jesus had been making lots of people better, so they wanted Jesus to make this man better too.</p>	<p>Volunteer playing Jesus walks to the front. Deaf man is brought to Jesus.</p>
<p>Jesus stuck his fingers in the man's ears, looked up to heaven and said 'be opened'. Suddenly the man could hear everything.</p>	<p>Jesus sticks his fingers in the deaf man's ears and says 'be opened' at the correct point.</p>
<p>Deaf man: "Wow, I'm so happy, I can now hear! Thank you so much Jesus for opening my ears so that I can hear."</p>	<p>Deaf man is really excited as he speaks.</p>
<p>Let's play our animal noises game again so that our now not-deaf man can play with us.</p> <p>What animal makes this sound, baa baa baa?</p> <p>That's right, a sheep.</p> <p><i>Repeat and make sure the not-deaf man answers.</i></p> <p><i>Say to the now not-deaf man, "That's amazing, you can really hear now."</i></p>	<p>Show a toy sheep.</p>
<p>We are now going to pray and say thank you to God for our ears. If you want to please do say Amen at the end with me.</p>	
<p>Dear God, thank you for our ears so that we can hear all the wonderful sounds around us. Amen.</p>	



Activity

Playing different musical instruments

You will need: Various musical instruments that the children can play (eg. bells, boxes/pans to hit with wooden spoons, egg shakers,...)

What to do: Place instruments on the floor for children to play. Can they hear the different sounds they are making? Do they have a favourite sound?



Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music



- Head, shoulders, knees and toes
- Little Peter Rabbit had a fly upon his nose



Craft

Ear headband

You will need: Print page 20 or use craft card to make headbands to go around the child's head and ears cut out to stick on to the headbands, pens, stickers, glue.

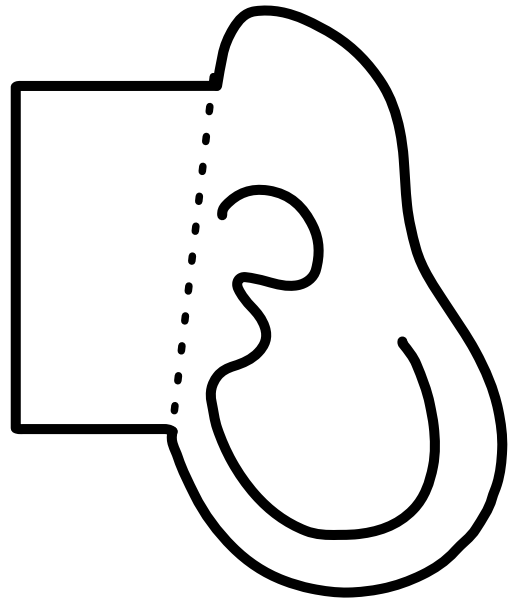
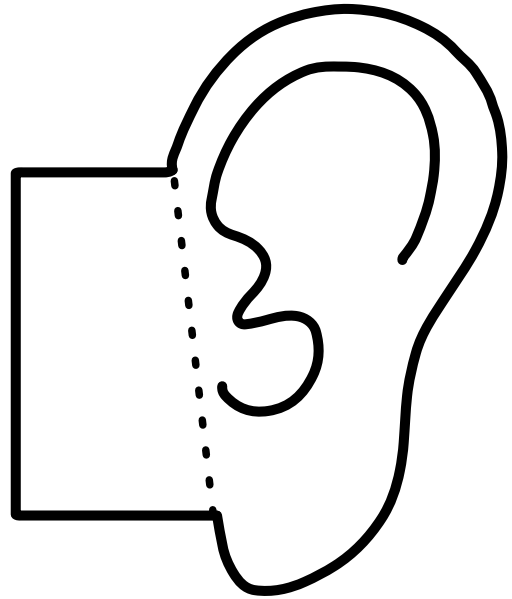
What to do: Children decorate the headband with pens/stickers. Attach the ears at the side using the glue.



Glue

God made my ears

Glue





SESSION 6

I AM AMAZINGLY AND WONDERFULLY MADE

Psalm 139:14



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Story Time

I am amazingly and wonderfully made

Psalm 139:14

You will need: Potato Head (with all body parts), bag containing the small parts of Mr Potato Head, Bible, packet of plasters, eye mask.

What to Say	What to Do
<p>This term, we have been thinking about different parts of our body and what they do, and thanking God for them.</p>	
<p>Here is Mr Potato Head. In my bag I have some different body parts that stick on to him. Let's build Mr Potato Head together!</p> <p>Well done everyone, we have made Mr Potato Head!</p> <p>But he doesn't look quite right, does he? It's hard to make a person and put everything in the right place!</p>	<p>Invite children to take a part from the bag and add it to Mr Potato Head. <i>We don't want him to look right.</i></p>
<p>In the Bible, in a book called Psalms, it is written:</p> <p>I praise you because you made me in an amazing and wonderful way. (Psalm 139:14 International Children's Bible)</p>	<p>Hold up a Bible.</p>
<p>God knew how to make a person. God put us together in the right way. He made sure everything was in the right place. Our bodies are amazing and wonderful.</p>	<p>Put the Mr Potato Head body parts in the correct places.</p>

continued →



What to Say	What to Do
<p>God gave each part of our bodies a different and very important job to do. Can you point to the right body parts as I say them?</p> <ul style="list-style-type: none"> • Our ears help us to hear. • Our feet help us to walk. • Our eyes help us to see. <p>We would look very funny if we tried to walk using our ears! God gave each body part a different job to do. Our bodies are amazing and wonderful.</p>	<p>Point to the different body parts as you say them.</p>
<p>When you fall over and cut your knee, you might need a plaster, but the plaster doesn't fix your body. God designed our bodies so that when we fall over and hurt ourselves our bodies can fix themselves. Our bodies are amazing and wonderful.</p>	<p>Have a packet of plasters. Open a plaster and put it on a volunteer's knee.</p>
<p>You may know someone who has a part of their body that doesn't work very well. That is sad. But God designed our bodies amazingly. If your eyes can't see properly, your ears might get better at hearing to help you know what is around you. Wow, our bodies are amazing and wonderful.</p>	<p>Put on an eye mask as if you were blind.</p> <p>Point to your ears.</p>
<p>We are now going to pray and say thank you to God for making our amazing and wonderful bodies. If you would like to, please say Amen at the end with me.</p>	
<p>Dear God, thank you for making our amazing and wonderful bodies. Thank you that each part of our body has a job to do. Amen.</p>	<p>Hands in prayer position.</p>



Activity

Simon says body parts

What to do: Tell them that they should only do the action if you say "Simon Says" first. If you don't say "Simon Says" and they still do the action, they sit down or do a funny dance for a moment before rejoining the game. Begin by saying, "Simon says, touch your nose!" and everyone touches their nose. Then say, "Simon says, wiggle your fingers!" and everyone wiggles their fingers. Occasionally give a command without saying "Simon Says," like, "Touch your toes!" If a child touches their toes, remind them to listen for "Simon Says" and keep playing.

Mix It Up: Use various body parts like ears, knees, elbows, and shoulders. You can also add fun actions like "Simon says, clap your hands" or "Simon says, stomp your feet."



Songs



THEME SONG

**God made me special from my head to my toes -
J is for Jesus** by Emu music

- Head, shoulder knees and toes
- [God made me - Emu music](#)
- Little Peter Rabbit
- Old McDonald
- Tommy thumb
- [Open them, shut them, open them, shut them,
give a little clap, clap, clap](#)

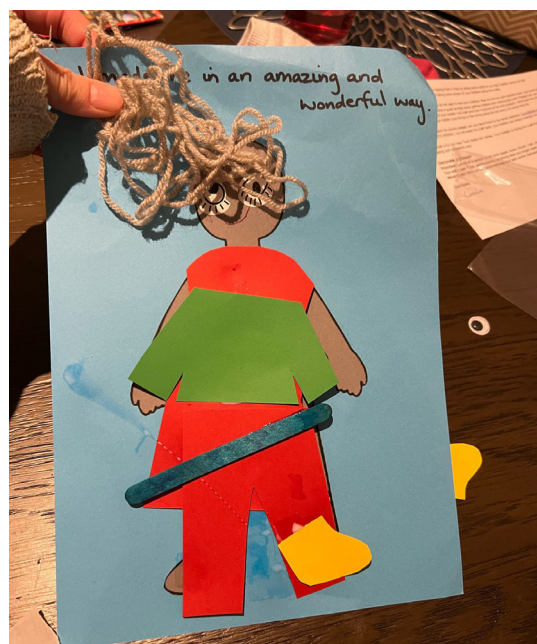


Craft

Decorate a person

You will need: [Cut-out of people](#) (pre-made or make your own),
A4 paper/card to stick cut-out on to, glue, pens/paint sticks,
stickers, paper shapes, scissors.

What to do: Children select a person. Stick it on to an A4 piece
of paper/card to make it stronger. Use pens, paint sticks,
stickers or paper shapes to decorate the person.





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