



Faith in Kids exists to encourage, inspire and equip influencers of faith in children with support, training and resources.

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We can offer this resource free of charge to churches everywhere because of the generosity of our supporters – people like you! Please consider partnering with us by giving monthly so that we can continue writing new resources.

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GROWING

God's
Good
Story

Take
home
truth

LESSON 2

I am male or female

Genesis 1:27 • Ecclesiastes 12:1

faith  kids



Read and understand

I am male or female

GENESIS 1:27, ECCLESIASTES 12:1

TRUTH = Our body tells us whether God made us male or female. Puberty is when our body changes, but our sex does not...

FAITH = Children who understand that their sex has been chosen by their loving creator and that growing up is good.

"So God created mankind in his own image, in the image of God he created them; male and female he created them." GENESIS 1:27

Our children hear that people can change their sex if they don't feel like they have the right body. We want them to know that God has given us our sex as an unchangeable part of who we are. Here are some resources to think further about this:

- **Podcast:** Faith in Parents #97
The transgender debate and gender identity
- **Book:** God and the transgender debate, Andrew Walker

God's better story

- God created me male or female – my body shows me which sex I am. As we grow up lots of things change, but our God-given sex doesn't.
- We can thank God for being male and thank God for being female – God says both male and female are good! We might hear people say different things, but we listen to God, who made us and loves us, more than we listen to other people.



Talk together



7 and Under

Top tip: Use real names for body parts. Say 'penis' not 'willy'. It makes for better conversations from the start.

- Can you think of some things that are the same about boys' and girls' bodies?
- Can you think of anything that is different?

As we grow up our bodies get bigger and start to be a bit different. We will have different feelings and we will be able to do different things.

- What are you looking forward to about growing up?



8 and Over

- What might he be thinking and feeling about his body?
- What does God want him to know about his body?
- How could you encourage him to trust God with the body he has been given?



Live it out

This week, try to gently speak to your child about growing up and puberty, mentioning some of the physical and emotional changes they will go through.

- Look at a photo of your child when they were younger. Talk about how they have changed.
- Gently talk about some of the differences between your adult body and their child body.
- How do they feel about growing up?

Connect to the truth

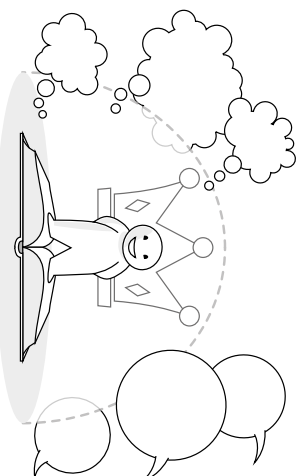
- God designed our bodies to grow and change.
- A boy grows into a man and a girl grows into a woman - our sex does not change.
- God chose to give you your male or female body and he says that it is good.

Pray

Use objects to help you connect with God.

1. BIBLE - Thank God that he made male and female, equally good but different from each other.
2. MIRROR - Ask God to help you to trust his good design for your body, even when you wish it was different in some way.

Let's be people who thank God for our bodies.



We've got more on this topic on our podcasts. Listen in and carry on the conversation.



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