



### PODCASTS

We've got more on this topic on our podcasts.  
Listen in and carry on the conversation.



Faith in Kids exists to encourage, inspire and equip influencers of faith in children with support, training and resources.

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Teaching resources for understanding **identity**



The Bible's answers to our big questions

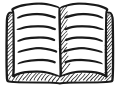


Lesson 1

## I AM MADE BY GOD

Genesis 1:26-31

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## READ

### I am made by God

GENESIS 1:26-31

**TRUTH** = God made us; we belong to him.

**FAITH** = I am valuable and secure by belonging to God.

Then God said, "Let us make mankind in our image, in our likeness, so that they might rule over ...all the creatures." So God created mankind in his image, in the image of God he created them, male and female he created them. God saw all that he has made and it was...

**VERY GOOD!**

GENESIS 1:26-31



She thinks her worth depends on what others say and how many friends and likes she gets.

He thinks his value is based on looks and achievement, he's anxious that he's not good enough.



### GOD'S BETTER STORY

- God made us – so we have value
- Our worth doesn't change based on our performance – our value is God given



## TALK



### UNDER 7's

- What do people say about you?
- What does God say?



### OVER 8's

- What's the most negative thought you've had about yourself?
- What does God tell you about yourself?
- How could thinking about what God says challenge your negative thought?

### FEELINGS

Score on the scale of sad (☹️) to happy (😊)  
How do you feel when...

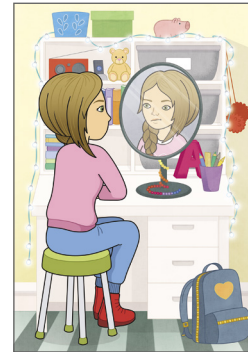
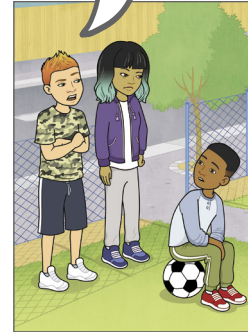
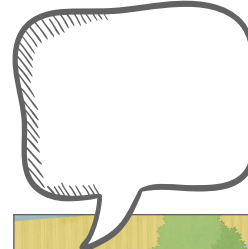
You hear mean comments



Lots of people like your social media post/work?



God says "very good!" about making you



## LIVE



We've got more on this topic on our **podcasts**. Listen in and carry on the conversation.

Look for opportunities to talk about making and creating this week.

Start a conversation when someone in your family draws a picture, makes a Lego model or bakes a cake.

### ASK

- How did you plan this?
- What did you do with it?
- How do you feel about it?

### CONNECT TO THE TRUTH

God did that with you!

- He planned you
- He made you
- He enjoys what he's made

Just like you're pleased with what you made, God says "VERY GOOD!" about making you.

### PRAY

Ideas to help you pray.

**1. PHONE** – when you hear mean comments, hold a phone and remember that God says, 'VERY GOOD!' about making you. Ask him to help you hear his words louder than other people's.

**2. MIRROR** – write a big truth about yourself on a mirror. Thank God for that truth whenever you see it.

**Being wonderfully made by God changes how we think about ourselves.**