



You will need...

- Playstation controller
- Laundry basket full of washing,
- Magazines, books and toys

The story

Character/Actions	Lines
	Good morning, it is great to be here for this Assembly. My name is X, I'm here from X Church
	Life is full of choices. Every day, we make choices. Most choices just happen without us even thinking about them. What choice have you already made today? What cereal to have? What socks to wear? What game to play in the playground? None of those choices really mattered. But then there are other choices that matter. We need to think carefully about the choices where other people are affected.
	Would you believe me if I said that this week I'm not going to eat any sweets, chocolate, crisps or biscuits. I promised that this week I'm not going to eat any sweets, chocolate, crisps or biscuits. I signed a letter to say that this week I'm not going to eat any sweets, chocolate, crisps or biscuits



	<p>You see when I told you that I wouldn't eat any of those things.</p> <p>You're thinking, "Do I believe (your name)?"</p> <p>You're thinking, "When (your name) says he'll do something, will he actually do it?"</p> <p>You're thinking, "Can I trust (your name) to keep his promises?"</p> <p>Every single day, all of us make promises; all of us ask others to trust us.</p>
	<p>Everyone in the world knows that when you make a promise, you should keep it. Jesus asks his friends to do even better than that. Jesus wants his friends to be even better. Jesus said this...</p> <p>Simply let your "Yes" be "Yes and your "No" be "No".</p>
	<p>1 Mean what you say</p> <p>Jesus is saying something very simple. Jesus is saying that if the answer to the question is "yes", then say "yes". If the answer to the question is "no", then say "no". Easy!</p> <p>But is it?</p>
	<p>You see when we answer a question we need to realise that we're making a promise.</p>
	<p>If we say that we're going to do something; then we have promised to do something</p> <p>If we say that we're going to remember something, then we have promised to remember something</p>



	<p>Promises matter. Our words matter. Psalm 145, v13 says “The Lord is faithful to all his promises”- God never breaks any of his promises. So we should try to be like God and not break any promises.</p> <p>So let’s have an example</p>
<p>Child is playing on Playstation control. Dad shouts from the back of the hall</p>	<p>Dad: You said you would have 10 minutes on the Playstation, then it would be your brother’s go.</p> <p>Child: Right Dad. OK. Thanks. OK. Just this one to go. Be with you in a minute. Thanks. Almost done.</p> <p>Dad: So when will you keep your promise and give your brother his go?</p> <p>Child: (Stops playing, looks up and says very clearly.) Now</p> <p>Dad: So are you stopping now?</p> <p>Child: (Very assertively) Yes</p>
	<p>So let us make sure that we mean what we say. Be careful what we say, because our words should be promises. If we don’t mean it, we shouldn’t say it.</p>
	<p>2 Don’t say more than you need to</p> <p>Finally, Jesus tells us that we don’t need to say more than “yes” and “no”. Jesus says in Matthew 5:37</p> <p>“Simply let your “yes” be “yes and your “no” be “no”; anything beyond this comes from the evil one”</p>



	<p>What he means is that if we tell our Mum that we'll tidy our room, then we just say, "Yes, I'll tidy my room". We don't need to say...</p> <p>I promise I'll tidy my room.</p> <p>I swear I'll tidy my room.</p> <p>I absolutely, totally and utterly, completely, no lying, no fibbing, really, really will tidy my room.</p>
	<p>No, you should just say what you mean and no more. Because everyone should know that if you're a friend of Jesus then what you say is what you mean. They won't need to ask, "Do you promise?" or "Do you really mean that?" because they will know that if you say it, you mean it. They should know that they can trust you.</p>
	<p>But this doesn't come by accident. To be trusted by others means that we need to work really hard at it.</p> <p>Imagine the scene...</p>
<p>Child tips clothes, magazine, books and toys over the floor. then plays on his playstation. He never looks up.</p> <p>Child looks disappointed as he has to stop playing the game. Tidies up. Just as he finishes...</p>	<p>Dad: Are you in there? I think I asked you to tidy your room</p> <p>Child: You did and I promised I would do it by supper time. I'm just at the really difficult bit, and then I'll....</p> <p>Dad: Alright then, if you said you'd do it, then I'm sure you will.</p> <p>Child: Good, right. pause Dad, when exactly is supper time?</p> <p>Dad: 2 minutes.</p> <p>Dad: Supper time</p>
	<p>So say what you mean and don't say more than you need to.</p>
	<p>Pray</p>